

You Asked For It:

How to Deal with Temptation

My dear children, I am writing this to you so that you will not sin. But if anyone does sin, we have an advocate who pleads our case before the Father. He is Jesus Christ, the one who is truly righteous.

1 John 2:1 (NLT)

Well then, should we keep on sinning so that God can show us more and more of his wonderful grace? ² Of course not! Since we have died to sin, how can we continue to live in it?

Romans 6:1-2 (NLT)

WHEN YOU FALL: _____, DON'T _____.

Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world. ⁹ Let there be tears for what you have done. Let there be sorrow and deep grief. Let there be sadness instead of laughter, and gloom instead of joy. ¹⁰ Humble yourselves before the Lord, and he will lift you up in honor.

James 4:8-10 (NLT)

HOW TO DEAL WITH TEMPTATION:

1. GUARD YOUR _____.

*Guard your heart above all else,
for it determines the course of your life.*

Proverbs 4:23 (NLT)

"Your eye is like a lamp that provides light for your body. When your eye is healthy, your whole body is filled with light. ²³ But when your eye is unhealthy, your whole body is filled with darkness. And if the light you think you have is actually darkness, how deep that darkness is!

Matthew 6:22-23 (NLT)

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2 (NLT)

So be careful how you live. Don't live like fools, but like those who are wise.¹⁶ Make the most of every opportunity in these evil days. ¹⁷ Don't act thoughtlessly, but understand what the Lord wants you to do.

Ephesians 5:15-17 (NLT)

The beginning of wisdom is this: Get wisdom.

Though it cost all you have, get understanding.

Proverbs 4:7 (NIV)

2. BEWARE THE _____.

Catch all the foxes,

those little foxes,

before they ruin the vineyard of love,

for the grapevines are blossoming!

Song of Solomon 2:15 (NLT)

I will refuse to look at

anything vile and vulgar.

I hate all who deal crookedly;

I will have nothing to do with them.

⁴ I will reject perverse ideas

and stay away from every evil.

⁵ I will not tolerate people who slander their neighbors.

I will not endure conceit and pride.

⁶ I will search for faithful people

to be my companions.

Psalms 101:3-6 (NLT)

3. _____ THE DEVESTATING _____.

Nothing in all creation is hidden from God. Everything is naked and exposed before his eyes, and he is the one to whom we are accountable.

Hebrews 4:13 (NLT)

But if you fail to keep your word, then you will have sinned against the Lord, and you may be sure that your sin will find you out.

Numbers 32:23 (NLT)

4. _____, DON'T _____.

Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.

2 Timothy 2:22 (NLT)

5. FOLLOW THE _____ LEAD.