

The Book of Mark:

Lessons from the Garden of Gethsemane

They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." ³³ He took Peter, James and John along with him, and he began to be deeply distressed and troubled. ³⁴ "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."

³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. ³⁶ "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."

³⁷ Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Couldn't you keep watch for one hour?" ³⁸ Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

³⁹ Once more he went away and prayed the same thing. ⁴⁰ When he came back, he again found them sleeping, because their eyes were heavy. They did not know what to say to him.

⁴¹ Returning the third time, he said to them, "Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners. ⁴² Rise! Let us go! Here comes my betrayer!"

Mark 14:32-42 (NIV)

! HE TEACHES US ABOUT HIS _____.

So the Word became human and made his home among us. He was full of unfailing love and faithfulness. And we have seen his glory, the glory of the Father's one and only Son.

John 1:14 (NLT)

*My tears have been my food
day and night,
while people say to me all day long,
"Where is your God?"
Psalm 42:3-4 (NIV)*

*Why, my soul, are you downcast?
Why so disturbed within me?
Psalm 42:5 (NIV)*

*I say to God my Rock,
"Why have you forgotten me?
Why must I go about mourning,
oppressed by the enemy?"
¹⁰ My bones suffer mortal agony
as my foes taunt me,
saying to me all day long,
"Where is your God?"
Psalm 42:9-10 (NIV)*

*Deep calls to deep
in the roar of your waterfalls;*

*all your waves and breakers
have swept over me.
Psalm 42:7 (NIV)*

*For we do not have a high priest who is unable to empathize with our weaknesses, but we have
one who has been tempted in every way, just as we are—yet he did not sin.
Hebrews 4:15 (NIV)*

KEY THOUGHT: JESUS WAS _____, JUST AS WE ARE.

! HE TEACHES US SOMETHING ABOUT _____.

*And because we are his children, God has sent the Spirit of his Son into our hearts, prompting
us to call out, “Abba, Father.”⁷ Now you are no longer a slave but God’s own child. And since
you are his child, God has made you his heir.
Galatians 4:6-7 (NLT)*

KEY THOUGHT: EVERYTHING IS _____ FOR GOD, BUT NOT
EVERYTHING IS HIS _____.

! HE TEACHES US SOMETHING ABOUT _____.

*Why, my soul, are you downcast?
Why so disturbed within me?
Put your hope in God,
for I will yet praise him,
my Savior and my God.
Psalm 42:5 (NIV)*

*Deep calls to deep
in the roar of your waterfalls;
all your waves and breakers
have swept over me.
⁸By day the Lord directs his love,
at night his song is with me—
a prayer to the God of my life.
Psalm 42:7-8 (NIV)*

KEY THOUGHT: GOD IS ALWAYS _____ US, AND _____ TO US,
AS WE SUFFER.

*The Lord is my shepherd;
I have all that I need.
²He lets me rest in green meadows;
he leads me beside peaceful streams.
³ He renews my strength.
He guides me along right paths,
bringing honor to his name.*

*⁴ Even when I walk
through the darkest valley,
I will not be afraid,
for you are close beside me.
Your rod and your staff
protect and comfort me.
⁵ You prepare a feast for me
in the presence of my enemies.
You honor me by anointing my head with oil.
My cup overflows with blessings.
⁶ Surely your goodness and unfailing love will pursue me
all the days of my life,
and I will live in the house of the Lord
forever.
Psalm 23 (NLT)*

! HE TEACHES US SOMETHING ABOUT _____.

*Then, accompanied by the disciples, Jesus left the upstairs room and went as usual to the Mount of Olives.⁴⁰ There he told them, "Pray that you will not give in to temptation."
Luke 22:39-40 (NLT)*

*No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.
1 Corinthians 10:13 (NIV)*

KEY THOUGHT: THE TEMPTATION GOD IS MOST CONCERNED ABOUT IS OUR
_____ OF JESUS.