

The Book of Mark:

A Timely Warning for Today's Christian, Pt. 2

The Pharisees and some of the teachers of the law who had come from Jerusalem gathered around Jesus ² and saw some of his disciples eating food with hands that were defiled, that is, unwashed.³ (The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders. ⁴ When they come from the marketplace they do not eat unless they wash. And they observe many other traditions, such as the washing of cups, pitchers and kettles.)

⁵ So the Pharisees and teachers of the law asked Jesus, "Why don't your disciples live according to the tradition of the elders instead of eating their food with defiled hands?"

He replied, "Isaiah was right when he prophesied about you hypocrites; as it is written:

*"These people honor me with their lips,
but their hearts are far from me.
⁷ They worship me in vain;
their teachings are merely human rules.'*

⁸ You have let go of the commands of God and are holding on to human traditions."

⁹ And he continued, "You have a fine way of setting aside the commands of God in order to observe your own traditions! ¹⁰ For Moses said, 'Honor your father and mother,' and, 'Anyone who curses their father or mother is to be put to death.'¹¹ But you say that if anyone declares that what might have been used to help their father or mother is Corban (that is, devoted to God)—¹² then you no longer let them do anything for their father or mother. ¹³ Thus you nullify the word of God by your tradition that you have handed down. And you do many things like that."

Again Jesus called the crowd to him and said, "Listen to me, everyone, and understand this.¹⁵ Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them."

¹⁷ After he had left the crowd and entered the house, his disciples asked him about this parable. ¹⁸ "Are you so dull?" he asked. "Don't you see that nothing that enters a person from the outside can defile them?¹⁹ For it doesn't go into their heart but into their stomach, and then out of the body." (In saying this, Jesus declared all foods clean.)

²⁰ He went on: "What comes out of a person is what defiles them. ²¹ For it is from within, out of a person's heart, that evil thoughts come—sexual immorality, theft, murder, ²² adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. ²³ All these evils come from inside and defile a person."

Mark 7:1-23 (NIV)

They were making the optional obligatory, and the obligatory, optional.

The true source of impurity is internal, not external.

Jesus didn't just save them from something, he saved them for something.

“I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but not everything is constructive. ²⁴ No one should seek their own good, but the good of others.

1 Corinthians 10:23-24 (NIV)

I speak to sensible people;...

1 Corinthians 10:15 (NIV)

So whether you eat or drink or whatever you do, do it all for the glory of God. ³² Do not cause anyone to stumble, whether Jews, Greeks or the church of God— ³³ even as I try to please everyone in every way. For I am not seeking my own good but the good of many, so that they may be saved.

1 Corinthians 10:31-33 (NIV)

For Christ’s love compels us, because we are convinced that one died for all, and therefore all died. ¹⁵ And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

2 Corinthians 5:14 (NIV)

For the grace of God has appeared that offers salvation to all people. ¹² It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, ¹³ while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ, ¹⁴ who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

Titus 2:11-14 (NIV)

I am in prison because I belong to the Lord. Therefore I urge you who have been chosen by God to live up to the life to which God called you.

Ephesians 4:1 (NCV)

Use your freedom to live a life that is pleasing to God and brings glory to Him.