## **Senior Moments:**

## A Good, Good Father

Praise the Lord, my soul;
all my inmost being, praise his holy name.

<sup>2</sup> Praise the Lord, my soul,
and forget not all his benefits—

<sup>3</sup> who forgives all your sins
and heals all your diseases,
<sup>4</sup> who redeems your life from the pit
and crowns you with love and compassion,

<sup>5</sup> who satisfies your desires with good things
so that your youth is renewed like the eagle's.

Psalm 103:1-5 (NIV)

The Lord has established his throne in heaven, and his kingdom rules over all.

20 Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word.

21 Praise the Lord, all his heavenly hosts, you his servants who do his will.

22 Praise the Lord, all his works everywhere in his dominion.

Praise the Lord, my soul.

Psalm 103:19-22 (NIV)

For as high as the heavens are above the earth, so great is his love for those who fear him;

12 as far as the east is from the west, so far has he removed our transgressions from us.

13 As a father has compassion on his children, so the Lord has compassion on those who fear him;

Psalm 103:11-14 (NIV)

for he knows how we are formed, he remembers that we are dust. Psalm 103:14 (NIV)

1. A good father explains God's	
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My son, do not despise the Lord's discipline, and do not resent his rebuke, 12 because the Lord disciplines those he loves, as a father the son he delights in. Proverbs 3:11-12 (NIV) And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says,

"My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, 6 because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son."[a]

<sup>7</sup> Endure hardship as discipline; God is treating you as his children. For what children are not disciplined by their father? <sup>8</sup> If you are not disciplined—and everyone undergoes discipline—then you are not legitimate, not true sons and daughters at all. <sup>9</sup> Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of spirits and live! <sup>10</sup> They disciplined us for a little while as they thought best; but God disciplines us for our good, in order that we may share in his holiness. <sup>11</sup> No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

Hebrews 12:5-11 (NIV)

2.	A good	father explains	God's	ı	
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For as high as the heavens are above the earth, so great is his love for those who fear him;
As a father has compassion on his children, so the Lord has compassion on those who fear him;
Psalms 103:11,13 (NIV)

Whoever fears the Lord has a secure fortress, and for their children it will be a refuge. Proverbs 14:26 (NIV)

THE FEAR OF THE LORD IS SIMPLY AND	, PRACTICED IN	
A good father teaches his children to in Jesus Christ.	and	